**Wykaz przedmiotów dostępnych dla studentów zagranicznych w roku akademickim 2021/2022 na kierunku studiów Pielęgniarstwo /**

**List of subjects available to foreign students in the field of Nursing in the academic year 2021/2022**

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| **Lp.** | **Kursy realizowane w języku angielskim (nazwa kursu w języku polskim i języku angielskim) - zakres proponowanych wykładów/konsultacji/projektów w języku angielskim)****Courses conducted in English (name of the course in Polish and English) - scope of the proposed lectures / consultations / projects in English)** | **Semestr realizacji / Semester** | **ECTS** |
| 1 |  **Podstawy Pielęgniarstwa (practices) / Fundamentals of nursing (practices) - 80 h** **-** Patient's rights and obligations. - Scope of tasks and working conditions of a nurse in health care institutions. - Admitting the patient to the ward, including collecting information about the patient's health situation for the purposes of providing nursing care - Nurse's actions in caring for a patient who is immobilized for a long time. - Scope of preventive and therapeutic activities of a nurse towards a patient at risk of developing pressure ulcers. - Nurse's tasks in caring for a patient with difficulties in self-service, a patient with sleep disorders, with pain and fever, with 1st to 3rd degree pressure ulcer. - Preparation of the patient for discharge from the hospital. Educational activities of a nurse. - Nursing care and selected theories of nursing (F. Nightingale, V. Henderson, D. Orem, C. Roy., B. Neuman). | Semestr Zimowy / Winter semester | 3 |
| 2 | **Pediatria i pielęgniarstwo pediatryczne (praktyki, wykłady) / Pediatrics and pediatric nursing (practices, classes) 120 + 15 h**- Principles of counseling among children and youth. Addictions of the developmental age population and contemporary health threats influencing the development and life of children- The role of nursing staff in adapting a child to the hospital environment.- Nurse's participation in the interdisciplinary assessment of the child's health.- Physical and mental preparation of a child for selected diagnostic tests.- Principles of enteral nutrition and parenteral nutrition in children and adolescents.- Infectious diseases. Principles of organizing isolation of patients with infectious disease in public places. Types of wounds in children. Current recommendations for wound care methods and measures.- Nurse's participation in the early diagnosis of disorders in somatic development - methodology of the screening test - interpretation of the results- Assessment of the level of pain of children, the reaction of a small patient to pain and its severity. Available methods of pain measurement and elimination. | Semestr Zimowy / Winter semester | 5 + 2 |
| 3 | **Choroby wewnętrzne i pielęgniarstwo internistyczne (praktyki, wykłady) / Internal diseases and nursing in internal diseases (practices, classes) 120 h + 15 h**- Acute coronary syndromes - patient care problems - ways of solving them.- Health education of a patient with ischemic heart disease and arterial hypertension.- Nursing problems of patients with bronchial asthma and inflammatory diseases of the respiratory system.- Participation of an internal medicine nurse in physiotherapy of the respiratory system.- Caring for a patient with gastric or duodenal ulcer disease. | Semestr Zimowy / Winter semester | 6 + 2 |
| 4 | **Chirurgia i pielęgniarstwo chirurgiczne (praktyki) / Surgery and Surgical Nursing (practices) 80 h**- Admitting the patient to the surgical ward.- Preparation of the patient for diagnostic tests and post-examination nursing care.- Nursing care for a patient prepared for the procedure of removal of the appendix and gallbladder.- Nursing condition and diagnosis of a patient preparing for surgery on the stomach | Semestr Zimowy / Winter semester | 4 |
| 5 | **Geriatria i pielęgniarstwo geriatryczne (praktyki) / Geriatrics and geriatric nursing (practices) 80 h**- Physiology of the aging process. Differences between the aging of women and men.- Determinants of nursing geriatric care. Health assessment and examination of an elderly patient.- Geriatric assessment tools and scales in nursing care.- Healthy lifestyles in old age: nutrition in old age. Nurse's tasks in promoting healthy lifestyle of the elderly.- Physical activity in old age. Nurse's tasks in senior's motivation to physical activity.- The role of a nurse in hospital treatment of an elderly person - the nurse's conduct in selected clinical problems.- Working with an elderly person in selected hospital wards - the specificity of admitting the patient to the ward.- Preparation of an elderly for discharge from hospital | Semestr Zimowy / Winter semester | 3 |
| 6 | **Neurologia i pielęgniarstwo neurologiczne (praktyki) / Neurology and neurological nursing (practices) 80 h**- Establishing contact with a patient with communication disorders. Nursing a patient with consciousness disorders.- Nursing problems of a patient with movement disorders. Care plan for a patient with impaired sensation.- Nutrition in neurological diseases.- Diagnosis and planning of care for a patient after ischemic and hemorrhagic stroke.- Diagnosis and planning of patient care in the acute phase of multiple sclerosis. Motivating for a self-care of a patient with multiple sclerosis.- Planning of care for a patient with paraplegia and tetraplegia - care procedures.- Establishing a care plan for a patient with hydrocephalus. Diagnostic procedures in neurology.- Caring for a patient with a brain tumor.- Caring for a patient with intracranial hypertension. | Semestr Zimowy / Winter semester | 3 |
| 7 | **Psychiatria i pielęgniarstwo psychiatryczne (praktyki) /  Psychiatry and psychiatric nursing (practices) 80 h**- The role of a nurse in the promotion and prevention of mental health.- Diagnosis of mental diseases.- Organizing care for the mentally ill in accordance with the assumptions of the nursing plan.- Effective communication with the patient, his family, therapeutic team.- Communication techniques in difficult situations.- Participation in the process of psychotherapy.- Nurses arranging activities aimed at achieving by the patient the maximum possible independence in everyday life. | Semestr Zimowy / Winter semester | 3 |
| 8 | **Opieka paliatywna (praktyki) / Palliative care (practices) 40 h**- Caring for a patient in the advanced stage of cancer: caring for the patient, his family and relatives.- Quality of care and quality of life of the dying person and his family.- Selected methods of coping with the situation of chronic stress. Spiritual support. Man facing suffering and dying. Care in mourning. Support in bereavement.- Education in the aspect of death: building a hierarchy of values, searching for the meaning and purpose of life and existence. Past, present and future - reflection in personal experience. Basics of a conscious and creative life. | Semestr Zimowy / Winter semester | 2 |
| 9 | **Pielęgniarstwo w opiece długoterminowej (praktyki) / Nursing in long-term care (practices) 80 h**- Identifying the biological, mental and social needs of long-term care patients. Tools, scales, care planning with the use of nursing models- Chronic wounds in long-term care patients. Nursing care.- Nursing problems for patients with urinary incontinence and fecal incontinence.- Pain elimination and prevention in long-term care. Problems of pharmacotherapy in long-term care.- Prevention of the effects of prolonged immobilization. | Semestr Zimowy / Winter semester | 4 |
| 10 | **Podstawy pielęgniarstwa (praktyki) / Fundamentals of nursing (practices) 120 h** - Maintaining therapeutic contact between the student and patients.- Independent admitting a patient to the ward, establishing nursing documentation.- Assessing the patient's health condition (initial and current), establishing nursing diagnosis and proposing and implementing selected forms of nursing care.- Participation in selected elements of the patient treatment process.- Applying the known principles of patient care, paying particular attention to the skin, mucous membranes and the thermoregulation system.- Participating in the care of a patient: long-term immobility, with pain, fever, sleep disturbances. | Semestr letni / Summer semester  | 4 |
| 11 | **Podstawowa opieka zdrowotna (praktyki) / Primary health care (practices) 160 h**- Recognition of the health and social situation among selected families (analysis of documentation, interview, direct and indirect measurements, physical examination).- The scope of tasks, forms and methods of nursing work in caring for the health of a family with a chronically ill person.- Health assessment, identification and elimination of health risk factors and disease spread.- The specificity of the nursing process in the patient's home environment.- Preparation of the patient and his family for self-care and non-professional care.- Organizational structure of the clinic and staff.- Initial, periodic and control tests. Occupational disease - definition, causes, prevention.- Medical documentation in occupational medicine.- Health hazards occurring in the work environment.- Nursing care program for working people. | Semestr letni / Summer semester  | 6 |
| 12 | **Pediatria i pielęgniarstwo pediatryczne (praktyki) / Pediatrics and pediatric nursing (practices) 120 h**- Differences in the care of children due to acute and chronic disease.- Principles of administering drugs in children (oral, intravenous, rectal, inhalation and skin routes).- The most common diseases of the digestive system in children - care problems and prevention.- Diagnostic and care problems in children with urinary tract diseases- Caring for a child with respiratory diseases.- Influence of a chronic disease on the life of a child in adolescence.- Side effects of long-term use of steroids in children.- Documentation of the child hospitalized in the pediatrics ward. | Semestr letni / Summer semester  | 5 |
| 13 |  **Choroby wewnętrzne i pielęgniarstwo internistyczne (praktyki) / Internal diseases and nursing in internal diseases (practices) 160 h** - Nursing care for a patient with liver cirrhosis and participation of a nurse in dietary and decompressive treatment.- Nursing a patient with inflammation of the gallbladder and bile ducts.- Nurse's participation in diagnosing patients with kidney diseases and planning care and education in the field of self-care.- Multifaceted nursing care for a patient treated for leukemia.- Caring for a patient with anemia.- Diabetes diagnosis, control and treatment - nurse tasks.- Nurse's tasks for a patient with hyperthyroidism and hypothyroidism.- Nursing care for a patient with RA and osteoporosis.- Neoplastic diseases - prevention - the role of the nurse. | Semestr letni / Summer semester  | 4  |
| 14 | **Chirurgia i pielęgniarstwo chirurgiczne (praktyki) / Surgery and Surgical Nursing (practices) 200 h**- Patient care before abdominal hernia surgery.- Taking care of a patient prepared for surgery due to obstruction of the gastrointestinal tract.- Taking care of a patient prepared for a thyroid surgery.- Caring for a patient prepared for breast surgery.-Care for a patient prepared for stoma surgery. Educational role of a nurse towards a patient with an intestinal stoma.- Educational role of a nurse towards a patient with liver and pancreatic disease.- Nutrition principles in surgery.- First aid in fractures - types of fractures. Nursing care for a patient.- Caring for a burn / frostbite patient | Semestr letni / Summer semester  | 4 |
| 15 | **Położnictwo, ginekologia i pielęgniarstwo położniczo-ginekologiczne (praktyki, wykłady) / Obstetrics, gynecology and obstetric - gynecological nursing (practices, classes) 120 h + 40 h**- Education of the pregnant woman regarding hygiene and nutrition.- Taking care of the woman in labor.- Physiology of puerperium - observation and nursing of the obstetrician after physiological delivery.-Preparation of a pregnant woman for caesarean section. Nursing in puerperium after cesarean section.- Observation and nursing of a full-term newborn.- Caring for an immature newborn.- Nursing and preparation for self-care of pregnant women with miscarriage.- Caring for pregnant, giving birth and obstetricians in eclampsia.- Caring for a woman with cancer of the reproductive organ (cervical cancer, coronal cancer, ovarian cancer).- Diagnostic, therapeutic and nursing procedures in women with urinary incontinence. | Semestr letni / Summer semester  | 5 + 2 |
| 16 | **Geriatria i pielęgniarstwo geriatryczne (praktyki) / Geriatrics and geriatric nursing (practices) 80 h**- Standards in geriatrics and nurse procedures in selected clinical problems in geriatrics.- Caring for the skin and mucous membranes with the use of pharmacological agents and medical materials in the elderly.- Implementation of anti-bedsore procedures in patients who are permanently immobilized.- Palliative care in geriatrics. Terminal care for the elderly.- The specificity of the course of diseases in old age.- Quality of life of chronically ill elderly people.- Taking care of an elderly person in the ward. | Semestr letni / Summer semester  | 3 |
| 17 | **Neurologia i pielęgniarstwo neurologiczne (praktyki) / Neurology and neurological nursing (practices) 80 h**- Providing specialist neurological care for a patient who is immobilized for a long time.- Caring for the skin, mucous membranes with the use of pharmacological agents and medical materials in a seriously ill patient.- Monitoring a patient in a very serious condition.- Monitoring, assessment and care of the central, peripheral and vascular port.- Ensuring the correct positioning of paralyzed / paresis limbs in a patient after stroke.- Providing the patient with comprehensive nursing care before, during and after lumbar puncture.- Implementation of anti-bedsore procedures for neurological patients.- Nutrition of the patient - enteral feeding, supplementation.- Assessing the health and effectiveness of nursing care. | Semestr letni / Summer semester  | 3 |
| 18 | **Psychiatria i pielęgniarstwo psychiatryczne (praktyki) / Psychiatry and psychiatric nursing (practices) 80 h**- Making contact, creating a therapeutic relationship, active listening, empathy.- Observation of the mental state of the patient, his behavior, relations with other patients, family, staff.- Interpersonal communication with the patient, his family, therapeutic team.- Undertaking elementary psychotherapeutic interventions in relation to a psychotic, depressive, manic, autistic, withdrawing patient experiencing anxiety.- Developing basic social skills in a patient with mental problems.- Organizing various forms of patient socialization in the ward.- Providing counseling on the lifestyle of a mentally ill patient.- Assessment of the patient's ability to self-care and function in everyday life | Semestr letni / Summer semester  | 3 |
| 19 | **Opieka paliatywna (praktyki) / Palliative care (practices) 40 h** - Caring for a patient in the advanced stage of cancer: caring for the patient, caring for his family and relatives.- Quality of care and quality of life of the dying person and his family.- Interpersonal communication. Principles of proper communication with the patient and his family. Bad news reporting policy. Communication in an interdisciplinary team.- Education about death: building a hierarchy of values, searching for the meaning and purpose of life and existence. Man facing suffering and dying. Care in mourning. Support in bereavement. | Semestr letni / Summer semester  | 2 |
| 20 | **Anestezjologia i pielęgniarstwo w zagrożeniu życia (praktyki, wykłady) / Anesthesiology and nursing in life threatening (practices, classes) 160 h + 40 h**- Nurse's participation in monitoring life-threatening patients treated in the intensive care unit. - Nurse's participation in cardiopulmonary resuscitation, care for the patient after resuscitation.- Nursing a patient with a tracheotomy tube.- Principles of enteral and parenteral nutrition in ICU patients.- The role of a nurse in caring for a patient in shock.- Nursing a patient with acute respiratory failure.- Caring for a patient with acute renal failure.- Providing the patient with comprehensive care before, during and after general and regional anesthesia.- Diagnosis and care planning for a patient with acute heart failure. | Semestr letni / Summer semester  | 6 + 2 |